

## Subject:

Muscle Weakness And Fatigue, Myasthenia Gravis

## Study Conducted: Country: Institution:

China

Not indicated.

## Citation:

Author unknown, "Selected Case History One: Myasthenia Gravis." 1994 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 176-177.

## Synopsis:

A 28 yr old female with myasthenia gravis for 5 years was treated with several courses of antibiotics and steroids that gave only temporary relief and side effects. She discontinued the treatments and began foot and hand reflexology for 3 months with great success.

## Conclusion:

Foot and hand reflexology was found to be effective for the relief of myasthenia gravis.

Reflexology Research provided courtesy of the  
[American Academy of Reflexology](#), Bill Flocco, Director.