

Subject:

Gynecological Diseases

Study**Conducted:****Country:Institution:**

China

Nanjing Obstetrical and
Gynecological Hospital

Citation:

Hui, S. (1996). "Foot Reflexo-therapy in the Treatment for 50 Cases of Gynecological Diseases." 1996 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 61-63

Synopsis:

50 case, ages 20-51, with gynecological diseases (menstrual disorders, hysteromyoma, pelvic inflammations, cyst and mass, dysmenorrhea, infertility and chocolate cyst from 1-10 years, were given 30 minutes of foot reflexology daily from 10 sessions to 2 years. Results: 8 cases improved slightly and 42 cases improved significantly;

Conclusion:

Foot reflexology was found to be effective for the relief of gynecological diseases.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.