

### \* Urinary tract (stones)

Foot reflex area massage was applied to 34 individuals diagnosed with stones in the urinary tract by ultrasonography, X-ray and routine urine examination. Three individuals were cured in 3 to 5 sessions of 45 minutes, 8 were cured in 6 to 8 sessions, 8 were cured in 10 to 12 sessions, 5 were cured in less than 20 sessions, and 2 were significantly effected. Overall cure rate: 71%, effective rate: 24%, no effect: 5%. It was concluded that the effect of foot massage on the elimination of calculi not larger than 1 cm. is "rather satisfactory."

Yue-jin, Zhang; Jing-Fang, Chung and Bao-rong, Ju, "Observation of the Effect of Foot Reflex Area Massage on 34 Cases of Calouli of Urinary Tract," (19)96 *Beijing International Reflexology Conference (Report)*, 1996, China Preventive Medical Association and the Chinese Society of Reflexology, Beijing, 1996, p. 46