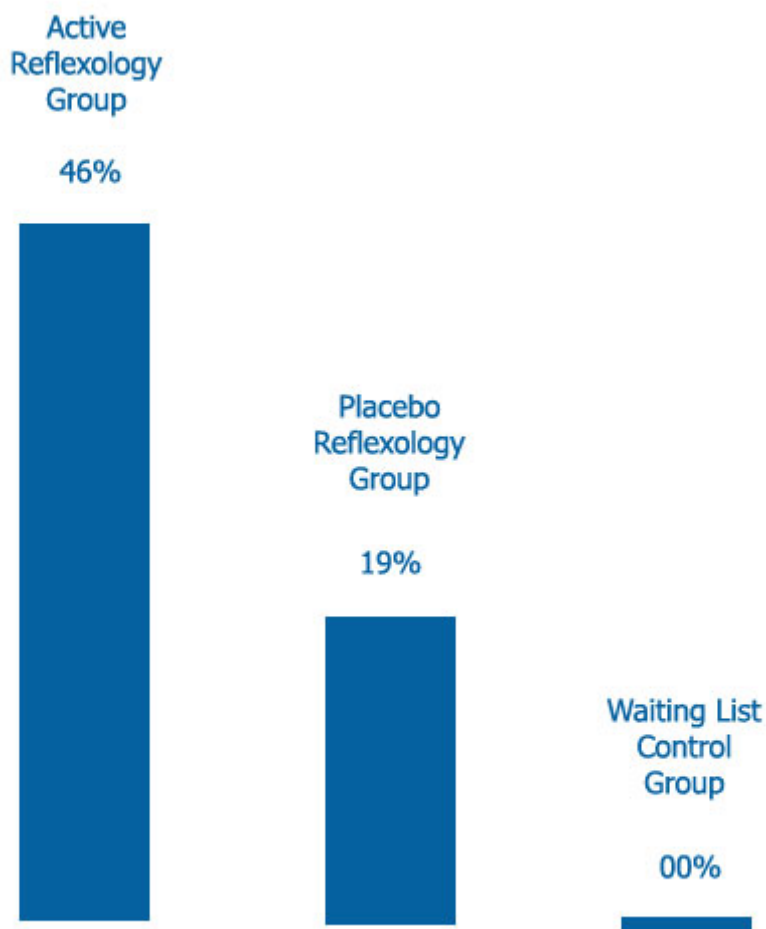


Chart Showing Study Results

Reading through the study can be a challenging task. We developed the below chart to help clarify the percentage change that occurred between the three reflexology groups. The most significant comparison is between the 46% change in the Active Reflexology Group and 19% change in the Placebo Reflexology Group, a statistically significant difference of 27%.



Percentage Reduction Of Overall PMS Symptoms

Reflexology Research provided courtesy of the [American Academy of Reflexology](#), Bill Flocco, Director. Foot Hand Ear Reflexology Classes, Reflexology Certification,