

**Subject:**

Sterility

**Study****Conducted:****Country:Institution:**

China

Not indicated.

**Citation:**

Yang, G., "Applying Foot Massotherapy for Curing Sterility: A Case Report." 1993 China Reflexology Symposium Report, Beijing, China Reflexology Association, pages 27-28. .

**Synopsis:**

A 37 yr old woman, with very few menstrual periods and unable to get pregnant in ten years of marriage, was given foot reflexology. In the first week there was significant improvement in her overall health. She continued with self-reflexology and became pregnant 5 months later.

**Conclusion:**

Foot reflexology has been shown to be effective in overcoming sterility.

Reflexology Research provided courtesy of the  
[American Academy of Reflexology](#), Bill Flocco, Director.