

Subject:

Blood, Hemorrhage, Thrombocytopenic Purpura

Study Conducted: Country: Institution:

China

The Clinic of Foot Reflexology of Women and Children Health Center of Inner-Mongolia

Citation:

Gao, W., Wu, Y., and Liu, H., "Analysis of Therapeutic Effect of Reflexotherapy in Treating Thrombocytopenic Purpura." 1998 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 11-12.

Synopsis:

85 people with thrombocytopenic purpura were divided into two groups. Thirty-nine were given 20 minutes of light touch foot reflexology for 40 sessions and 46 were given an expectant and anti-infectious treatments including glucorticord hormone, blood transfusion, immuno-suppressant or traditional Chinese medicine. Thirty-five of those treated with foot reflexology showed greater results than those given medicine.

Conclusion:

Foot reflexology was found to be effective for the relief of thrombocyto-penia purpura, subcutaneous hemorrhage, muco-hemorrhage, hemorrhagic disease, and viseral hemorrhage.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.