

Subject:

Blood, Anemia, Pain

Study Conducted: Country: Institution:

China

Worker's Hospital of Zhuhai Chentang Enterprise

Citation:

Yang, Y., "A Case Report on Treatment of Megloblastic Anemia with Paraplegia by Foot Reflexology." 1994 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 48-50.

Synopsis:

A 46 year old female who had trouble walking and weak knees; and finally, total paralysis in lower extremities was given 40 minutes of foot reflexology daily for 6 sessions in a week. The first month, the patient's appetite improved, both lower limbs regained sensation with some numbness and pain was felt. The following month, sleeping returned to normal, pain in the groin stopped and she was able to walk with help. By the third month, the muscles in both legs returned to normal, she was able to walk by herself and her blood greatly improved.

Conclusion:

Foot reflexology was found to be effective in relieving paralysis in legs and improving anemia.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.