

Subject:

Lungs, Pneumonia, Bronchitis

Study**Conducted:****Country:Institution:**

China

The Fifth People's Hospital

Citation:

Wu, H., "Foot Massage Treatment for Children Pneumonia and Bronchitis." 1996 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 19-20.

Synopsis:

103 cases, all children, who had pneumonia or bronchitis were given foot reflexology along with antibiotics. Results: significant effects using both modalities. Those with sub acute or chronic cases were treated with reflexology only which improved their immune function and lessened any recurrence.

Conclusion:

Foot reflexology was found to be effective in the relief of pneumonia and bronchitis.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.