

Subject:

Multiple Health Conditions, Women Immunity,
Reproductive, Nervous, Digestive

Study**Conducted:****Country:Institution:**

Korea

Institute of Holographic Biology,
Ningxia University

Citation:

Lingling, L., Haiming, H., Xiaoai, Y., "Effect of Reflexotherapy Combined with Psychotherapy in the Promotion of Women's Health Care." 2002 China Reflexology Symposium Report, pages 45-46.

Synopsis:

109 women accepted reflexotherapy or training course of rehabilitation from 1991 to March of 2001. Their problems included endocrine and Immunity diseases, reproductive disorders, nervous system problems and digestive diseases. Their ages ranged from 21-68 years old. They were given a combination of reflexotherapy and psychotherapy.

Conclusion:

The results indicated that reflexotherapy combined with psychotherapy had positive effects in treating women's diseases in various systems and promoting women's health-care.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.