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#### \* **Bronchitis**

Three different methods were used to work with pneumonia and bronchitis in children. Foot reflexology was utilized in 103 cases, antibiotics in 40 cases and antibiotics with Chinese herbs in 68 cases. Foot reflexology was found to be more effective than either of the others.

Hui-ming, Wu, "Perspectives of foot reflex based on foot massage for treatment of pneumonia and bronchitis in childhood," (19)96 *Beijing International Reflexology Conference (Report)*, the China Preventive Medical Association and the Chinese Society of Reflexology, Beijing, p. 42

#### \* **(Infantile) Pneumonia**

A group of 103 cases of childhood pneumonia and bronchitis were treated with foot massage therapy, a group of 40 cases were treated with antibiotics and a third group of 68 cases were treated with antibiotics and Chinese herbs. "It indicates the difference in effective rate between foot therapy and antibiotics is significant, while it is insignificant as comparing with the 3rd group. Concerning complete cure, foot therapy is better than either 2nd or 3rd group."

Hui-ming, We, "Perspectives of foot reflex based on foot massage for treatment of pneumonia and bronchitis in childhood," (19)96 *Beijing International Reflexology Conference (Report)*, China Preventive Medical Association and

the Chinese Society of Reflexology, Beijing, 1996, p. 42

#### \* **(Infantile) Pneumonia**

122 cases of infantile pneumonia were divided into two groups: 58 cases received medication and foot massage and 64 cases were treated with medication only. The results showed that those treatment group required 7.8 days average time of treatment with a course of the disease as 10.2 days. The curative rate was 96.5% with improvement in the other 2 cases. Those in the control group required an average treatment time of 9.7 days with the total course of the disease at 12.3 days. The curative rate was 92% with 5 cases improved. It was concluded that the treatment course is shorter and effect better in combined medication and foot massage group.

Liang-cai, Pei, "Observation on Treatment of 58 Infantile Pneumonia by Combined Method of Medication with Foot Massage," (19)96 *Beijing International Reflexology Conference (Report)*, China Preventive Medical Association and the Chinese Society of Reflexology, Beijing, 1996, p. 34

### **Urinary System**

#### \* **Enuresis**

The purpose of the study was to clarify whether reflexology is a relevant treatment for enuresis nocturna, and to test a research design applicable to controlled experiments with reflexology. An unblinded method was used comparing a treatment group (1)

receiving reflexology to a non-treatment group (2) keeping the same record of symptoms. At the start of the study, the volumes of night urine in the two groups were comparable.

By the end of the study, there was no significant decrease in the volume of night urine in either of the groups. Two children in the treatment group and one in the non-treatment group became dry during the night in the course of the study. In conclusion, reflexology given as 14 treatment sessions over a period of four months did not result in a significant fall in enuresis nocturna in children aged seven to eleven years old. It must be concluded that the treatment result can not be distinguished from the conditions in the non-treatment group even though the average night diuresis in group one showed a slightly decreasing tendency while morning diuresis increased, in contrast to group two which exhibited a slight increase in night diuresis. As the total diuresis remained constant, this could be interpreted as an increased urinary bladder capacity, but in both cases the changes were far from significant.

Comment in: Ugeskr Laeger 1999 Apr. 12;161(15):2224 Sietam KS, Eriksen L Forenede Danske Zoneterapeuter, Kolding

#### \* **Kidney function**

Kidney function improves after the application of reflexology work. "Using colour (sic) Doppler sonography blood flow changes of the right kidney during foot reflexology were deter-