

Subject:

Ears, Meniere's Syndrome

Study Conducted: Country: Institution:

China

Not indicated.

Citation:

Author unknown (1994). "Selected Case History Three: Meuniere's Syndrome." 1994 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 179-180.

Synopsis:

5 patients with an acute onset of symptoms of Meuniere's syndrome of vertigo and tinnitus were given reflexology treatments after unsuccessful results with medication. All had tenderness in brain (toe areas), facial, eye, ear, cervical spine and liver reflex points. Two were relieved from tinnitus after one session of reflexology on hands and feet. All 5 patients were relieved in all zones and had less vertigo.

Conclusion:

Hand and foot reflexology was found to be effective for the relief of symptoms of Meuniere's Syndrome.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.