

## Subject:

Diabetes

## Study Conducted: Country: Institution:

China

Clinic of the 18th Bureau of the Ministry of Railway

## Citation:

Liu, C., "Treatment of Diabetes with Reflexology - Report of 10 Cases." 1998 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 42-43.

## Synopsis:

10 patients with diabetes and other pathologies were given foot reflexology. Their blood sugar remained regulated for 2 years. Seven patients were taught how to give self reflexology, and remained in good health for 2 more years. Four cases reduced their medication, and 3 cases stopped using medications.

## Conclusion:

Foot reflexology was found to be effective in the relief of diabetes and regulating blood sugar.

Reflexology Research provided courtesy of the  
[American Academy of Reflexology](#), Bill Flocco, Director.