

**Subject:**

Breathing Lungs, Whiplash

**Study****Conducted:****Country:Institution:**

France

Not indicated.

**Citation:**

Faure-Alderson, M.. "The Cranial Concept and Movement of Cerebral Fluid in Reflexology." United Kingdom, 1998, (Publication details not available.)

**Synopsis:**

A study of patients, with trauma from whiplash and suffering from non-treatable pain in various body parts, were given foot reflexology to see if it would balance and re-harmonize the respiratory mechanisms and move spinal fluid. The goal was to locate the pain memories, understand them, and then release them.

**Conclusion:**

Foot reflexology was found to be effective for re-harmonization of respiratory mechanisms from whiplash trauma.

Reflexology Research provided courtesy of the  
[American Academy of Reflexology](#), Bill Flocco, Director.